



## **Workshop to address the creation of an European Chapter of the AED (EC-AED).**

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Italian Society for the Study of Eating Disorders (SISDCA)**

- The aim of the EC-AED will be to **contribute to the AED's mission of promoting knowledge, prevention, treatment, and research** in the field of eating disorders (ED) enforcing the Partner, Chapter and Affiliate Committee (PCAC) activities with a special overlook on **European challenges concerning ED.**
- The EC-AED will represent a **forum inside the AED's PCAC** for new contacts and exchange of experiences among ED professionals associations in the European arena, targeting initiatives in order to address the issues in prevention and treatment of ED in the European region.
- The partnership within the Chapter will help build **mutually beneficial collaborations** strengthening the network including the different components of the EC-AED.
- Finally the EC-AED will foster the **ability to work together clinically and academically** to advance education, awareness, research, and collaboration in the field of ED.

- **All Scientific Societies and Organizations involving ED professionals in Europe** will be invited and involved in the EC-AED. In particular it will cooperate with the Nordic Eating Disorder Society (NEDS), founded in 1997, aggregating the members of the Nordic National Societies for Eating Disorders in Denmark, Sweden, Finland and Norway.

**Austria** The Austrian Society on Eating Disorders (ASED)/Österreichische Gesellschaft für Essstörungen (ÖGES)

**Czech Republic**: Czech Eating Disorder Association (CZEDA)

**Denmark**: Danish Eating Disorder Society (DSS)

**Finland**: Finnish Eating Disorder Society (FEDS)

**Flanders**: The Flemish Academy of Eating Disorders/Vlaamse Academie Eetstoornissen (VAE)

**France**: Association Française pour le Développement des Approches Spécialisées dans les Troubles du Comportement Alimentaire (AFDAS-TCA)

**Germany**: The German Eating Disorder Society/Deutsche Gesellschaft für Essstörungen (DGEES)

**Iceland**: The Icelandic Eating Disorder Association (IEDA)/Félag fagfólks um átraskanir (FFÁ)

**Italy**: Italian Society of Eating Behavior Psychopathology (SIPA)

**Italy**: Italian Society for the Study of Eating Disorders / Società Italiana per lo Studio dei Disturbi del Comportamento Alimentare (SISDCA)

**Netherlands**: Dutch Academy for Eating Disorders/Nederlandse Academie voor Eetstoornissen (NAE)

**Poland**: Polish National Center for Eating Disorders (PNCED)/Ogólnopolskie Centrum Zaburzeń Odżywiania

**Spain**: Asociación Española para el Estudio de los Trastornos de Conducta Alimentaria (A.E.E.T.C.A.)

**Sweden**: The Swedish Eating Disorder Society (SEDS)

**Switzerland**: Expert Network Eating Disorders Switzerland/Experten- Netzwerk Essstörungen Schweiz (ENES), Réseau Expert Suisse Troubles Alimentaires (RESTA)

- The **Board of the EC-AED** will consist of one ordinary member and one substitute representative, elected by the national board from each of the member countries. A general vote at the EC-AED General Assembly will elect the chairperson charged for two years.
- Biannually, EC-AED will organize a **conference** in close cooperation with AED and with the national societies participating in the Chapter.

- Rome, March 2018: Conference of the **Italian Society for the Study of Eating Disorders (SISDCA)**



# Working hypotheses

- Survey on the **policies** adopted in the different countries by national health services to deal with ED & obesity.
- **Prevalence of Orthorexia Nervosa** in the different countries. Social & cultural determinants.
- In collaboration with **ON-TF**: LM Donini (Sapienza University, Rome, Italy), M Cuzzolaro (Editor in Chief of Eating & Weight Disorders); S Bratman (California Pacific Medical Center, San Francisco, USA); A Brytek-Matera (SWPS University of Social Sciences and Humanities Faculty in Katowice, Poland); TM Dunn (University of Northern Colorado, USA); B Missbach (University of Vienna, Austria); M Varga (Semmelweis University, Budapest, Hungary)

**“Doctrinae studium vitam  
producit et auget  
immortalis eris.**

**Si sapias iuvenis.”**

“Studies and education  
prolong and increase life.  
Young man, knowledge  
will make you immortal !!”

*(Inscription in the Aula  
Magna of the Sapienza  
University of Rome)*



**Mario Sironi 1935**